



# 12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

## Detailed evaluation

Erbstromtaler Schmalwaden women Total time: 17:34:21

Number: 9

Course: 171.30 km  
Blankenstein-Hörschel

Category:  
Frauenstaffel

Speed: 9.73 km/h  
Running performance: 6:09 min/km

Rank in course: 212 (of 217)  
Best time in course: 10:07:32

Rank in category: 10(of 12)  
Best time in the category: 13:40:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	2:01:39	7:04	12	47:03	216	1:00:14	17.20	2:01:39	7:04	10	42:48	218	59:52
Schildwiese	20.10	1:49:43	5:27	7	20:36	186	45:28	37.30	3:51:22	6:12	10	1:02:29	218	1:42:06
Neuhaus/ Gewerl	15.50	1:50:50	7:09	11	30:27	208	50:27	52.80	5:42:12	6:28	10	1:16:32	218	2:31:23
Triniusstein	21.60	2:09:15	5:59	10	37:29	204	55:11	74.40	7:51:27	6:20	10	1:54:01	218	3:24:50
Allzunah	15.00	1:25:22	5:41	8	18:38	192	37:04	89.40	9:16:49	6:13	10	2:12:39	218	4:01:54
Grenzadler	19.80	2:03:28	6:14	10	29:35	204	54:13	109.20	11:20:17	6:13	10	2:34:52	218	4:50:47
Nesselberg	13.80	1:26:58	6:18	11	22:33	200	38:20	123.00	12:47:15	6:14	10	2:56:14	218	5:28:47
Kleiner Inselsber	13.90	1:20:09	5:45	6	12:03	156	28:57	136.90	14:07:24	6:11	10	3:08:17	218	5:57:44
Hohe Sonne	19.70	2:01:56	6:11	11	35:40	206	56:12	156.60	16:09:20	6:11	10	3:35:42	218	6:51:16
Hörschel	14.70	1:25:01	5:47	7	17:44	151	35:33	171.30	17:34:21	6:09	10	3:53:26	212	7:26:49