



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Goethe-Ladys

Total time: 17:55:30

Number: 10

Speed: 9.54 km/h

Running performance: 6:17 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 214 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 11(of 12)

Frauenstaffel

Best time in the category: 13:40:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:44:29	6:04	10	29:53	208	43:04	17.20	1:44:29	6:04	11	25:38	218	42:42
Schildwiese	20.10	1:42:15	5:05	5	13:08	154	38:00	37.30	3:26:44	5:32	11	37:51	218	1:17:28
Neuhaus/ Gewerl	15.50	1:54:13	7:22	12	33:50	210	53:50	52.80	5:20:57	6:04	11	55:17	218	2:10:08
Triniusstein	21.60	2:26:35	6:47	12	54:49	214	1:12:31	74.40	7:47:32	6:17	11	1:50:06	218	3:20:55
Allzunah	15.00	1:25:51	5:43	9	19:07	196	37:33	89.40	9:13:23	6:11	11	2:09:13	218	3:58:28
Grenzadler	19.80	2:06:12	6:22	12	32:19	209	56:57	109.20	11:19:35	6:13	11	2:34:10	218	4:50:05
Nesselberg	13.80	1:23:28	6:02	9	19:03	189	34:50	123.00	12:43:03	6:12	11	2:52:02	218	5:24:35
Kleiner Inselsber	13.90	1:31:57	6:36	11	23:51	203	40:45	136.90	14:15:00	6:14	11	3:15:53	218	6:05:20
Hohe Sonne	19.70	2:11:40	6:41	12	45:24	214	1:05:56	156.60	16:26:40	6:18	11	3:53:02	218	7:08:36
Hörschel	14.70	1:28:50	6:02	11	21:33	174	39:22	171.30	17:55:30	6:16	11	4:14:35	214	7:47:58