



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

LTV Rennschnecken

Number: 11

Course: 171.30 km
Blankenstein-Hörschel

Category:
Frauenstaffel

Total time: 18:03:48

Speed: 9.47 km/h
Running performance: 6:20 min/km

Rank in course: 215 (of 217)
Best time in course: 10:07:32

Rank in category: 12(of 12)
Best time in the category: 13:40:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:40:44	5:51	6	26:08	201	39:19	17.20	1:40:44	5:51	12	21:53	218	38:57
Schildwiese	20.10	2:00:41	6:00	12	31:34	207	56:26	37.30	3:41:25	5:56	12	52:32	218	1:32:09
Neuhaus/ Gewerl	15.50	1:49:01	7:01	10	28:38	205	48:38	52.80	5:30:26	6:15	12	1:04:46	218	2:19:37
Triniusstein	21.60	2:21:48	6:33	11	50:02	210	1:07:44	74.40	7:52:14	6:20	12	1:54:48	218	3:25:37
Allzunah	15.00	1:38:31	6:34	12	31:47	215	50:13	89.40	9:30:45	6:23	12	2:26:35	218	4:15:50
Grenzadler	19.80	1:52:49	5:41	8	18:56	182	43:34	109.20	11:23:34	6:15	12	2:38:09	218	4:54:04
Nesselberg	13.80	1:22:58	6:00	8	18:33	184	34:20	123.00	12:46:32	6:13	12	2:55:31	218	5:28:04
Kleiner Inselsber	13.90	1:37:18	7:00	12	29:12	215	46:06	136.90	14:23:50	6:18	12	3:24:43	218	6:14:10
Hohe Sonne	19.70	1:46:36	5:24	8	20:20	166	40:52	156.60	16:10:26	6:11	12	3:36:48	218	6:52:22
Hörschel	14.70	1:53:22	7:42	12	46:05	216	1:03:54	171.30	18:03:48	6:19	12	4:22:53	215	7:56:16