



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Dream-Team-Ilmenau

Total time: 13:47:01

Number: 35

Speed: 12.41 km/h

Running performance: 4:50 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 58 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 10(of 66)

Mixstaffel

Best time in the category: 11:43:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:20:40	4:41	21	13:08	84	19:15	17.20	1:20:40	4:41	42		218	18:53
Schildwiese	20.10	1:31:51	4:34	25	18:44	89	27:36	37.30	2:52:31	4:37	42	6:40	218	43:15
Neuhaus/ Gewerl	15.50	1:22:12	5:18	15	17:31	76	21:49	52.80	4:14:43	4:49	42		218	1:03:54
Triniusstein	21.60	1:44:06	4:49	25	25:29	92	30:02	74.40	5:58:49	4:49	42		218	1:32:12
Allzunah	15.00	1:10:21	4:41	15	11:55	85	22:03	89.40	7:09:10	4:48	42		83	1:54:15
Grenzadler	19.80	1:24:08	4:14	8	10:05	20	14:53	109.20	8:33:18	4:42	42		218	2:03:48
Nesselberg	13.80	1:12:14	5:14	18	12:06	110	23:36	123.00	9:45:32	4:45	42		218	2:27:04
Kleiner Inselsber	13.90	1:08:03	4:53	6	12:12	58	16:51	136.90	10:53:35	4:46	42		218	2:43:55
Hohe Sonne	19.70	1:37:44	4:57	28	25:07	113	32:00	156.60	12:31:19	4:47	42		218	3:13:15
Hörschel	14.70	1:15:42	5:08	16	12:48	89	26:14	171.30	13:47:01	4:49	10	2:03:13	58	3:39:29