



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

SWV Goldlauter

Total time: 12:50:17

Number: 93

Speed: 13.32 km/h

Running performance: 4:30 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 22 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 18(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:19:13	4:36	54	17:48	72	17:48	17.20	1:19:13	4:36	18	17:26	29	17:26
Schildwiese	20.10	1:34:03	4:40	75	29:48	108	29:48	37.30	2:53:16	4:38	18	44:00	29	44:00
Neuhaus/ Gewerl	15.50	1:19:20	5:07	52	18:57	62	18:57	52.80	4:12:36	4:47	18	1:01:47	29	1:01:47
Triniusstein	21.60	1:42:27	4:44	59	28:23	82	28:23	74.40	5:55:03	4:46	18	1:28:26	29	1:28:26
Allzunah	15.00	57:51	3:51	8	9:33	8	9:33	89.40	6:52:54	4:37	18	1:37:59	29	1:37:59
Grenzadler	19.80	1:28:00	4:26	18	18:45	30	18:45	109.20	8:20:54	4:35	18	1:51:24	29	1:51:24
Nesselberg	13.80	53:10	3:51	9	4:32	9	4:32	123.00	9:14:04	4:30	18	1:55:36	29	1:55:36
Kleiner Inselsber	13.90	57:20	4:07	10	6:08	11	6:08	136.90	10:11:24	4:27	18	2:01:44	29	2:01:44
Hohe Sonne	19.70	1:26:29	4:23	28	20:45	41	20:45	156.60	11:37:53	4:27	18	2:19:49	29	2:19:49
Hörschel	14.70	1:12:24	4:55	52	22:56	64	22:56	171.30	12:50:17	4:29	18	2:42:45	22	2:42:45