



# 12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

## Detailed evaluation

Schlußleuchten

Total time: 13:52:48

Number: 25

Speed: 12.34 km/h

Running performance: 4:52 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 63 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 11(of 66)

Mixstaffel

Best time in the category: 11:43:48

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:20:52	4:42	22	13:20	85	19:27	17.20	1:20:52	4:42	41		218	19:05
Schildwiese	20.10	1:32:46	4:36	26	19:39	94	28:31	37.30	2:53:38	4:39	41	7:47	218	44:22
Neuhaus/ Gewerl	15.50	1:27:14	5:37	28	22:33	114	26:51	52.80	4:20:52	4:56	41		218	1:10:03
Triniusstein	21.60	1:47:38	4:58	30	29:01	114	33:34	74.40	6:08:30	4:57	41		218	1:41:53
Allzunah	15.00	1:10:20	4:41	14	11:54	84	22:02	89.40	7:18:50	4:54	41		218	2:03:55
Grenzadler	19.80	1:22:36	4:10	5	8:33	15	13:21	109.20	8:41:26	4:46	41		218	2:11:56
Nesselberg	13.80	1:12:24	5:14	20	12:16	113	23:46	123.00	9:53:50	4:49	41		218	2:35:22
Kleiner Inselsber	13.90	1:17:13	5:33	30	21:22	136	26:01	136.90	11:11:03	4:54	41		218	3:01:23
Hohe Sonne	19.70	1:20:01	4:03	4	7:24	20	14:17	156.60	12:31:04	4:47	41		218	3:13:00
Hörschel	14.70	1:21:44	5:33	24	18:50	129	32:16	171.30	13:52:48	4:51	11	2:09:00	63	3:45:16