



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Die Döllberggemenen

Total time: 12:53:20

Number: 138

Speed: 13.27 km/h

Running performance: 4:31 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 26 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 22(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:13:48	4:17	29	12:23	36	12:23	17.20	1:13:48	4:17	22	12:01	34	12:01
Schildwiese	20.10	1:20:36	4:00	17	16:21	26	16:21	37.30	2:34:24	4:08	22	25:08	34	25:08
Neuhaus/ Gewerl	15.50	1:18:27	5:03	50	18:04	60	18:04	52.80	3:52:51	4:24	22	42:02	34	42:02
Triniusstein	21.60	1:25:47	3:58	10	11:43	15	11:43	74.40	5:18:38	4:16	22	52:01	34	52:01
Allzunah	15.00	1:10:01	4:40	65	21:43	79	21:43	89.40	6:28:39	4:20	22	1:13:44	34	1:13:44
Grenzadler	19.80	1:38:52	4:59	74	29:37	107	29:37	109.20	8:07:31	4:27	22	1:38:01	34	1:38:01
Nesselberg	13.80	1:13:00	5:17	93	24:22	116	24:22	123.00	9:20:31	4:33	22	2:02:03	34	2:02:03
Kleiner Inselsber	13.90	1:00:48	4:22	16	9:36	17	9:36	136.90	10:21:19	4:32	22	2:11:39	34	2:11:39
Hohe Sonne	19.70	1:20:05	4:03	17	14:21	21	14:21	156.60	11:41:24	4:28	22	2:23:20	34	2:23:20
Hörschel	14.70	1:11:56	4:53	50	22:28	62	22:28	171.30	12:53:20	4:30	22	2:45:48	26	2:45:48