



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Gehlberger Waldstrolche I

Total time: 12:58:19

Number: 154

Speed: 13.18 km/h

Running performance: 4:32 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 28 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 24(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:17:51	4:31	43	16:26	57	16:26	17.20	1:17:51	4:31	24	16:04	36	16:04
Schildwiese	20.10	1:27:39	4:21	42	23:24	56	23:24	37.30	2:45:30	4:26	24	36:14	36	36:14
Neuhaus/ Gewerl	15.50	1:12:06	4:39	23	11:43	26	11:43	52.80	3:57:36	4:30	24	46:47	36	46:47
Triniusstein	21.60	1:29:40	4:09	13	15:36	20	15:36	74.40	5:27:16	4:23	24	1:00:39	36	1:00:39
Allzunah	15.00	1:03:40	4:14	28	15:22	30	15:22	89.40	6:30:56	4:22	24	1:16:01	36	1:16:01
Grenzadler	19.80	1:36:03	4:51	55	26:48	82	26:48	109.20	8:06:59	4:27	24	1:37:29	36	1:37:29
Nesselberg	13.80	1:02:49	4:33	29	14:11	30	14:11	123.00	9:09:48	4:28	24	1:51:20	36	1:51:20
Kleiner Inselsber	13.90	1:04:40	4:39	37	13:28	39	13:28	136.90	10:14:28	4:29	24	2:04:48	36	2:04:48
Hohe Sonne	19.70	1:28:35	4:29	36	22:51	52	22:51	156.60	11:43:03	4:29	24	2:24:59	36	2:24:59
Hörschel	14.70	1:15:16	5:07	66	25:48	83	25:48	171.30	12:58:19	4:32	24	2:50:47	28	2:50:47