



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Rennsteiglaufteam 600 plus

Total time: 13:09:32

Number: 98

Speed: 13.00 km/h

Running performance: 4:37 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 31 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 27(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:10:10	4:04	16	8:45	18	8:45	17.20	1:10:10	4:04	20	8:23	31	8:23
Schildwiese	20.10	1:29:07	4:26	47	24:52	65	24:52	37.30	2:39:17	4:16	27	30:01	41	30:01
Neuhaus/ Gewerl	15.50	1:25:03	5:29	75	24:40	96	24:40	52.80	4:04:20	4:37	27	53:31	41	53:31
Triniusstein	21.60	1:42:23	4:44	57	28:19	80	28:19	74.40	5:46:43	4:39	27	1:20:06	41	1:20:06
Allzunah	15.00	1:08:33	4:34	53	20:15	64	20:15	89.40	6:55:16	4:38	27	1:40:21	41	1:40:21
Grenzadler	19.80	1:29:53	4:32	27	20:38	42	20:38	109.20	8:25:09	4:37	27	1:55:39	41	1:55:39
Nesselberg	13.80	1:01:48	4:28	20	13:10	21	13:10	123.00	9:26:57	4:36	27	2:08:29	41	2:08:29
Kleiner Inselsber	13.90	1:07:26	4:51	48	16:14	52	16:14	136.90	10:34:23	4:38	27	2:24:43	41	2:24:43
Hohe Sonne	19.70	1:28:33	4:29	35	22:49	51	22:49	156.60	12:02:56	4:36	27	2:44:52	41	2:44:52
Hörschel	14.70	1:06:36	4:31	20	17:08	23	17:08	171.30	13:09:32	4:36	27	3:02:00	31	3:02:00