



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

rennsteigoldies

Total time: 14:10:37

Number: 52

Speed: 12.06 km/h

Running performance: 4:58 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 85 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 16(of 66)

Mixstaffel

Best time in the category: 11:43:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:20:12	4:39	19	12:40	80	18:47	17.20	1:20:12	4:39	36		218	18:25
Schildwiese	20.10	1:28:25	4:23	15	15:18	57	24:10	37.30	2:48:37	4:31	36	2:46	218	39:21
Neuhaus/ Gewerl	15.50	1:16:39	4:56	9	11:58	50	16:16	52.80	4:05:16	4:38	36		218	54:27
Triniusstein	21.60	1:51:09	5:08	34	32:32	133	37:05	74.40	5:56:25	4:47	36		218	1:29:48
Allzunah	15.00	1:32:17	6:09	62	33:51	209	43:59	89.40	7:28:42	5:01	36		218	2:13:47
Grenzadler	19.80	1:28:59	4:29	14	14:56	37	19:44	109.20	8:57:41	4:55	36		218	2:28:11
Nesselberg	13.80	1:10:30	5:06	12	10:22	89	21:52	123.00	10:08:11	4:56	36		218	2:49:43
Kleiner Inselsber	13.90	1:14:45	5:22	23	18:54	112	23:33	136.90	11:22:56	4:59	36		218	3:13:16
Hohe Sonne	19.70	1:38:49	5:00	32	26:12	125	33:05	156.60	13:01:45	4:59	36		218	3:43:41
Hörschel	14.70	1:08:52	4:41	6	5:58	39	19:24	171.30	14:10:37	4:57	16	2:26:49	85	4:03:05