



# 12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

## Detailed evaluation

LTV Erfurt

Total time: 14:13:04

Number: 206

Speed: 12.03 km/h

Running performance: 4:59 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 87 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 17(of 66)

Mixstaffel

Best time in the category: 11:43:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:15:46	4:24	10	8:14	45	14:21	17.20	1:15:46	4:24	35		20	13:59
Schildwiese	20.10	1:20:26	4:00	9	7:19	24	16:11	37.30	2:36:12	4:11	35		218	26:56
Neuhaus/ Gewerl	15.50	1:24:22	5:26	20	19:41	90	23:59	52.80	4:00:34	4:33	35		218	49:45
Triniusstein	21.60	1:36:23	4:27	12	17:46	42	22:19	74.40	5:36:57	4:31	35		218	1:10:20
Allzunah	15.00	1:15:35	5:02	30	17:09	134	27:17	89.40	6:52:32	4:36	35		218	1:37:37
Grenzadler	19.80	1:29:15	4:30	15	15:12	39	20:00	109.20	8:21:47	4:35	35		218	1:52:17
Nesselberg	13.80	1:19:43	5:46	41	19:35	170	31:05	123.00	9:41:30	4:43	35		218	2:23:02
Kleiner Inselsber	13.90	1:18:19	5:38	33	22:28	145	27:07	136.90	10:59:49	4:49	35		218	2:50:09
Hohe Sonne	19.70	1:48:58	5:31	51	36:21	178	43:14	156.60	12:48:47	4:54	35		218	3:30:43
Hörschel	14.70	1:24:17	5:44	28	21:23	146	34:49	171.30	14:13:04	4:58	17	2:29:16	87	4:05:32