



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Team Laufladen Jena

Total time: 10:39:57

Number: 164

Speed: 16.03 km/h

Running performance: 3:44 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 5 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 5(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:05:58	3:50	7	4:33	7	4:33	17.20	1:05:58	3:50	5	4:11	5	4:11
Schildwiese	20.10	1:06:22	3:18	2	2:07	2	2:07	37.30	2:12:20	3:32	5	3:04	5	3:04
Neuhaus/ Gewerl	15.50	1:02:39	4:02	5	2:16	5	2:16	52.80	3:14:59	3:41	5	4:10	5	4:10
Triniusstein	21.60	1:18:13	3:37	6	4:09	6	4:09	74.40	4:33:12	3:40	5	6:35	5	6:35
Allzunah	15.00	55:40	3:42	6	7:22	6	7:22	89.40	5:28:52	3:40	5	13:57	5	13:57
Grenzadler	19.80	1:16:32	3:51	5	7:17	6	7:17	109.20	6:45:24	3:42	5	15:54	5	15:54
Nesselberg	13.80	50:53	3:41	3	2:15	3	2:15	123.00	7:36:17	3:42	5	17:49	5	17:49
Kleiner Inselsber	13.90	54:03	3:53	6	2:51	6	2:51	136.90	8:30:20	3:43	5	20:40	5	20:40
Hohe Sonne	19.70	1:14:52	3:48	9	9:08	11	9:08	156.60	9:45:12	3:44	5	27:08	5	27:08
Hörschel	14.70	54:45	3:43	4	5:17	4	5:17	171.30	10:39:57	3:44	5	32:25	5	32:25