



# 12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

## Detailed evaluation

RunningGag

Total time: 13:23:51

Number: 207

Speed: 12.76 km/h

Running performance: 4:41 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 39 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 33(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:15:04	4:21	32	13:39	42	13:39	17.20	1:15:04	4:21	33	13:17	56	13:17
Schildwiese	20.10	1:33:52	4:40	74	29:37	105	29:37	37.30	2:48:56	4:31	33	39:40	56	39:40
Neuhaus/ Gewerl	15.50	1:12:48	4:41	27	12:25	30	12:25	52.80	4:01:44	4:34	33	50:55	56	50:55
Triniusstein	21.60	1:49:20	5:03	92	35:16	125	35:16	74.40	5:51:04	4:43	33	1:24:27	56	1:24:27
Allzunah	15.00	1:00:09	4:00	13	11:51	14	11:51	89.40	6:51:13	4:35	33	1:36:18	56	1:36:18
Grenzadler	19.80	1:39:45	5:02	82	30:30	117	30:30	109.20	8:30:58	4:40	33	2:01:28	56	2:01:28
Nesselberg	13.80	1:13:08	5:17	95	24:30	118	24:30	123.00	9:44:06	4:44	33	2:25:38	56	2:25:38
Kleiner Inselsber	13.90	1:17:13	5:33	102	26:01	136	26:01	136.90	11:01:19	4:49	33	2:51:39	56	2:51:39
Hohe Sonne	19.70	1:13:19	3:43	7	7:35	9	7:35	156.60	12:14:38	4:41	33	2:56:34	56	2:56:34
Hörschel	14.70	1:09:13	4:42	36	19:45	43	19:45	171.30	13:23:51	4:41	33	3:16:19	39	3:16:19