



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

RAe Fick & Heinz

Total time: 13:28:24

Number: 92

Speed: 12.69 km/h

Running performance: 4:43 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 42 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 35(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:28:36	5:09	110	27:11	154	27:11	17.20	1:28:36	5:09	35	26:49	58	26:49
Schildwiese	20.10	1:27:30	4:21	40	23:15	54	23:15	37.30	2:56:06	4:43	35	46:50	58	46:50
Neuhaus/ Gewerl	15.50	1:20:05	5:09	54	19:42	65	19:42	52.80	4:16:11	4:51	35	1:05:22	58	1:05:22
Triniusstein	21.60	1:41:26	4:41	53	27:22	75	27:22	74.40	5:57:37	4:48	35	1:31:00	58	1:31:00
Allzunah	15.00	1:09:36	4:38	63	21:18	75	21:18	89.40	7:07:13	4:46	35	1:52:18	58	1:52:18
Grenzadler	19.80	1:29:47	4:32	26	20:32	41	20:32	109.20	8:37:00	4:44	35	2:07:30	58	2:07:30
Nesselberg	13.80	1:11:53	5:12	89	23:15	109	23:15	123.00	9:48:53	4:47	35	2:30:25	58	2:30:25
Kleiner Inselsber	13.90	1:19:30	5:43	110	28:18	150	28:18	136.90	11:08:23	4:52	35	2:58:43	58	2:58:43
Hohe Sonne	19.70	1:18:45	3:59	13	13:01	16	13:01	156.60	12:27:08	4:46	35	3:09:04	58	3:09:04
Hörschel	14.70	1:01:16	4:10	10	11:48	10	11:48	171.30	13:28:24	4:43	35	3:20:52	42	3:20:52