



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Erbstromtaler Schmalwaden

Total time: 13:29:29

Number: 129

Speed: 12.67 km/h

Running performance: 4:44 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 43 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 36(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:22:19	4:47	74	20:54	102	20:54	17.20	1:22:19	4:47	36	20:32	59	20:32
Schildwiese	20.10	1:30:47	4:30	55	26:32	79	26:32	37.30	2:53:06	4:38	36	43:50	59	43:50
Neuhaus/ Gewerl	15.50	1:14:14	4:47	33	13:51	37	13:51	52.80	4:07:20	4:41	36	56:31	59	56:31
Triniusstein	21.60	1:48:18	5:00	88	34:14	119	34:14	74.40	5:55:38	4:46	36	1:29:01	59	1:29:01
Allzunah	15.00	1:11:31	4:46	72	23:13	91	23:13	89.40	7:07:09	4:46	36	1:52:14	59	1:52:14
Grenzadler	19.80	1:38:12	4:57	72	28:57	105	28:57	109.20	8:45:21	4:48	36	2:15:51	59	2:15:51
Nesselberg	13.80	1:05:03	4:42	42	16:25	46	16:25	123.00	9:50:24	4:47	36	2:31:56	59	2:31:56
Kleiner Inselsber	13.90	1:04:39	4:39	36	13:27	38	13:27	136.90	10:55:03	4:47	36	2:45:23	59	2:45:23
Hohe Sonne	19.70	1:28:08	4:28	33	22:24	48	22:24	156.60	12:23:11	4:44	36	3:05:07	59	3:05:07
Hörschel	14.70	1:06:18	4:30	18	16:50	21	16:50	171.30	13:29:29	4:43	36	3:21:57	43	3:21:57