



# 12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

## Detailed evaluation

**Laufteam Erfurt**

**Total time: 11:43:48**

**Number: 15**

Speed: 14.58 km/h

Running performance: 4:07 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 9 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 1(of 66)

Mixstaffel

Best time in the category: 11:43:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:19:09	4:36	16	11:37	71	17:44	17.20	1:19:09	4:36	51	-	218	17:22
Schildwiese	20.10	1:14:55	3:43	3	1:48	11	10:40	37.30	2:34:04	4:07	51	-	218	24:48
Neuhaus/ Gewerl	15.50	1:16:34	4:56	8	11:53	49	16:11	52.80	3:50:38	4:22	51	-	218	39:49
Triniusstein	21.60	1:20:50	3:44	3	2:13	10	6:46	74.40	5:11:28	4:11	51	-	218	44:51
Allzunah	15.00	58:26	3:53	1	-	9	10:08	89.40	6:09:54	4:08	51	-	218	54:59
Grenzadler	19.80	1:14:03	3:44	1	-	4	4:48	109.20	7:23:57	4:03	51	-	218	54:27
Nesselberg	13.80	1:00:08	4:21	1	-	17	11:30	123.00	8:24:05	4:05	51	-	218	1:05:37
Kleiner Inselsber	13.90	1:03:18	4:33	2	7:27	31	12:06	136.90	9:27:23	4:08	51	-	218	1:17:43
Hohe Sonne	19.70	1:12:37	3:41	1	-	6	6:53	156.60	10:40:00	4:05	51	-	218	1:21:56
Hörschel	14.70	1:03:48	4:20	2	0:54	14	14:20	171.30	11:43:48	4:06	1	-	9	1:36:16