



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

SSV Erfurt 02 Jugend

Total time: 14:31:35

Number: 59

Speed: 11.77 km/h

Running performance: 5:05 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 107 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 22(of 66)

Mixstaffel

Best time in the category: 11:43:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:34:19	5:29	54	26:47	186	32:54	17.20	1:34:19	5:29	55	9:59	218	32:32
Schildwiese	20.10	1:36:19	4:47	34	23:12	120	32:04	37.30	3:10:38	5:06	55	24:47	218	1:01:22
Neuhaus/ Gewerl	15.50	1:18:04	5:02	10	13:23	58	17:41	52.80	4:28:42	5:05	55	6:39	218	1:17:53
Triniusstein	21.60	1:33:40	4:20	10	15:03	35	19:36	74.40	6:02:22	4:52	55		218	1:35:45
Allzunah	15.00	1:11:27	4:45	17	13:01	90	23:09	89.40	7:13:49	4:51	55		218	1:58:54
Grenzadler	19.80	1:28:41	4:28	13	14:38	34	19:26	109.20	8:42:30	4:47	55		218	2:13:00
Nesselberg	13.80	1:24:15	6:06	51	24:07	193	35:37	123.00	10:06:45	4:55	55		218	2:48:17
Kleiner Inselsber	13.90	1:19:35	5:43	37	23:44	152	28:23	136.90	11:26:20	5:00	55		218	3:16:40
Hohe Sonne	19.70	1:34:19	4:47	23	21:42	96	28:35	156.60	13:00:39	4:59	55		218	3:42:35
Hörschel	14.70	1:30:56	6:11	46	28:02	181	41:28	171.30	14:31:35	5:05	22	2:47:47	107	4:24:03