



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

SSV Erfurt 02 Männer

Total time: 13:34:54

Number: 118

Speed: 12.59 km/h

Running performance: 4:46 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 46 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 38(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:22:04	4:46	72	20:39	100	20:39	17.20	1:22:04	4:46	38	20:17	63	20:17
Schildwiese	20.10	1:33:42	4:39	73	29:27	104	29:27	37.30	2:55:46	4:42	38	46:30	63	46:30
Neuhaus/ Gewerl	15.50	1:13:03	4:42	29	12:40	32	12:40	52.80	4:08:49	4:42	38	58:00	63	58:00
Triniusstein	21.60	1:37:54	4:31	40	23:50	54	23:50	74.40	5:46:43	4:39	27	1:20:06	41	1:20:06
Allzunah	15.00	1:05:36	4:22	38	17:18	42	17:18	89.40	6:52:19	4:36	38	1:37:24	63	1:37:24
Grenzadler	19.80	1:40:48	5:05	85	31:33	125	31:33	109.20	8:33:07	4:41	38	2:03:37	63	2:03:37
Nesselberg	13.80	1:10:53	5:08	78	22:15	93	22:15	123.00	9:44:00	4:44	38	2:25:32	63	2:25:32
Kleiner Inselsber	13.90	1:06:02	4:45	43	14:50	46	14:50	136.90	10:50:02	4:44	38	2:40:22	63	2:40:22
Hohe Sonne	19.70	1:32:15	4:40	54	26:31	73	26:31	156.60	12:22:17	4:44	38	3:04:13	63	3:04:13
Hörschel	14.70	1:12:37	4:56	53	23:09	66	23:09	171.30	13:34:54	4:45	38	3:27:22	46	3:27:22