



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

LTV Rennbären

Number: 179

Course: 171.30 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 13:46:53

Speed: 12.41 km/h
Running performance: 4:50 min/km

Rank in course: 56 (of 217)
Best time in course: 10:07:32

Rank in category: 46(of 139)
Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:26:55	5:03	106	25:30	147	25:30	17.20	1:26:55	5:03	46	25:08	73	25:08
Schildwiese	20.10	1:32:36	4:36	65	28:21	92	28:21	37.30	2:59:31	4:48	46	50:15	73	50:15
Neuhaus/ Gewerl	15.50	1:12:32	4:40	26	12:09	29	12:09	52.80	4:12:03	4:46	46	1:01:14	73	1:01:14
Triniusstein	21.60	1:39:27	4:36	46	25:23	63	25:23	74.40	5:51:30	4:43	46	1:24:53	73	1:24:53
Allzunah	15.00	1:22:15	5:29	128	33:57	177	33:57	89.40	7:13:45	4:51	46	1:58:50	73	1:58:50
Grenzadler	19.80	1:35:03	4:48	44	25:48	70	25:48	109.20	8:48:48	4:50	46	2:19:18	73	2:19:18
Nesselberg	13.80	1:12:23	5:14	90	23:45	112	23:45	123.00	10:01:11	4:53	46	2:42:43	73	2:42:43
Kleiner Inselsber	13.90	1:01:50	4:26	21	10:38	22	10:38	136.90	11:03:01	4:50	46	2:53:21	73	2:53:21
Hohe Sonne	19.70	1:32:32	4:41	58	26:48	78	26:48	156.60	12:35:33	4:49	46	3:17:29	73	3:17:29
Hörschel	14.70	1:11:20	4:51	47	21:52	59	21:52	171.30	13:46:53	4:49	46	3:39:21	56	3:39:21