



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Rhönitzer 20-Füßler

Total time: 13:47:13

Number: 175

Speed: 12.40 km/h

Running performance: 4:50 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 59 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 48(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:14:43	4:20	31	13:18	41	13:18	17.20	1:14:43	4:20	48	12:56	75	12:56
Schildwiese	20.10	1:29:54	4:28	50	25:39	71	25:39	37.30	2:44:37	4:24	48	35:21	75	35:21
Neuhaus/ Gewerl	15.50	1:29:23	5:46	99	29:00	134	29:00	52.80	4:14:00	4:48	48	1:03:11	75	1:03:11
Triniusstein	21.60	1:37:37	4:31	36	23:33	49	23:33	74.40	5:51:37	4:43	48	1:25:00	75	1:25:00
Allzunah	15.00	1:05:07	4:20	36	16:49	39	16:49	89.40	6:56:44	4:39	48	1:41:49	75	1:41:49
Grenzadler	19.80	1:44:14	5:15	102	34:59	147	34:59	109.20	8:40:58	4:46	48	2:11:28	75	2:11:28
Nesselberg	13.80	1:07:18	4:52	59	18:40	66	18:40	123.00	9:48:16	4:46	48	2:29:48	75	2:29:48
Kleiner Inselsber	13.90	1:12:32	5:13	78	21:20	95	21:20	136.90	11:00:48	4:49	48	2:51:08	75	2:51:08
Hohe Sonne	19.70	1:29:46	4:33	38	24:02	54	24:02	156.60	12:30:34	4:47	48	3:12:30	75	3:12:30
Hörschel	14.70	1:16:39	5:12	77	27:11	96	27:11	171.30	13:47:13	4:49	48	3:39:41	59	3:39:41