



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Kohlkopf Runners

Number: 174

Course: 171.30 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 13:50:05

Speed: 12.38 km/h
Running performance: 4:51 min/km

Rank in course: 62 (of 217)
Best time in course: 10:07:32

Rank in category: 51(of 139)
Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:11:24	4:09	20	9:59	23	9:59	17.20	1:11:24	4:09	51	9:37	78	9:37
Schildwiese	20.10	1:20:10	3:59	13	15:55	19	15:55	37.30	2:31:34	4:03	51	22:18	78	22:18
Neuhaus/ Gewerl	15.50	1:24:18	5:26	69	23:55	89	23:55	52.80	3:55:52	4:28	51	45:03	78	45:03
Triniusstein	21.60	1:46:26	4:55	80	32:22	109	32:22	74.40	5:42:18	4:36	51	1:15:41	78	1:15:41
Allzunah	15.00	1:08:56	4:35	58	20:38	69	20:38	89.40	6:51:14	4:35	51	1:36:19	78	1:36:19
Grenzadler	19.80	1:38:00	4:56	68	28:45	101	28:45	109.20	8:29:14	4:39	51	1:59:44	78	1:59:44
Nesselberg	13.80	57:59	4:12	14	9:21	14	9:21	123.00	9:27:13	4:36	51	2:08:45	78	2:08:45
Kleiner Inselsber	13.90	1:03:03	4:32	26	11:51	27	11:51	136.90	10:30:16	4:36	51	2:20:36	78	2:20:36
Hohe Sonne	19.70	1:55:37	5:52	130	49:53	194	49:53	156.60	12:25:53	4:45	51	3:07:49	78	3:07:49
Hörschel	14.70	1:24:12	5:43	112	34:44	145	34:44	171.30	13:50:05	4:50	51	3:42:33	62	3:42:33