



# 12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

## Detailed evaluation

Dolmarhoppers Christes

Total time: 13:53:46

Number: 119

Speed: 12.31 km/h

Running performance: 4:52 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 65 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 53(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:25:18	4:57	99	23:53	135	23:53	17.20	1:25:18	4:57	53	23:31	81	23:31
Schildwiese	20.10	1:45:07	5:13	116	40:52	169	40:52	37.30	3:10:25	5:06	53	1:01:09	81	1:01:09
Neuhaus/ Gewerl	15.50	1:20:05	5:09	54	19:42	65	19:42	52.80	4:30:30	5:07	53	1:19:41	81	1:19:41
Triniusstein	21.60	1:35:03	4:24	26	20:59	37	20:59	74.40	6:05:33	4:54	53	1:38:56	81	1:38:56
Allzunah	15.00	1:06:13	4:24	40	17:55	46	17:55	89.40	7:11:46	4:49	53	1:56:51	81	1:56:51
Grenzadler	19.80	1:35:57	4:50	54	26:42	80	26:42	109.20	8:47:43	4:49	53	2:18:13	81	2:18:13
Nesselberg	13.80	1:03:30	4:36	35	14:52	37	14:52	123.00	9:51:13	4:48	53	2:32:45	81	2:32:45
Kleiner Inselsber	13.90	1:07:29	4:51	50	16:17	54	16:17	136.90	10:58:42	4:48	53	2:49:02	81	2:49:02
Hohe Sonne	19.70	1:44:18	5:17	107	38:34	158	38:34	156.60	12:43:00	4:52	53	3:24:56	81	3:24:56
Hörschel	14.70	1:10:46	4:48	45	21:18	55	21:18	171.30	13:53:46	4:52	53	3:46:14	65	3:46:14