



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Schneller als die Polizei erlaubt

Total time: 14:55:14

Number: 74

Speed: 11.46 km/h

Running performance: 5:14 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 130 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 26(of 66)

Mixstaffel

Best time in the category: 11:43:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Cat.	Total	Total				Cat.	Cat.	Total	Total
Grumbach	17.20	1:30:37	5:16	46	23:05	166	29:12	17.20	1:30:37	5:16	59	6:17	218	28:50
Schildwiese	20.10	1:28:57	4:25	18	15:50	64	24:42	37.30	2:59:34	4:48	59	13:43	218	50:18
Neuhaus/ Gewerl	15.50	1:07:08	4:19	2	2:27	11	6:45	52.80	4:06:42	4:40	59		218	55:53
Triniusstein	21.60	1:54:35	5:18	40	35:58	149	40:31	74.40	6:01:17	4:51	59		218	1:34:40
Allzunah	15.00	1:24:07	5:36	52	25:41	189	35:49	89.40	7:25:24	4:58	59		218	2:10:29
Grenzadler	19.80	1:48:25	5:28	43	34:22	167	39:10	109.20	9:13:49	5:04	59		218	2:44:19
Nesselberg	13.80	1:11:39	5:11	17	11:31	106	23:01	123.00	10:25:28	5:05	59		218	3:07:00
Kleiner Inselsber	13.90	1:14:14	5:20	18	18:23	104	23:02	136.90	11:39:42	5:06	59		218	3:30:02
Hohe Sonne	19.70	1:40:42	5:06	35	28:05	138	34:58	156.60	13:20:24	5:06	59		218	4:02:20
Hörschel	14.70	1:34:50	6:27	55	31:56	197	45:22	171.30	14:55:14	5:13	26	3:11:26	130	4:47:42