



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

N3 Sportverein e.V.

Number: 200

Course: 171.30 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 14:01:26

Speed: 12.19 km/h

Running performance: 4:55 min/km

Rank in course: 73 (of 217)

Best time in course: 10:07:32

Rank in category: 61(of 139)

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:10:36	4:06	18	9:11	20	9:11	17.20	1:10:36	4:06	61	8:49	92	8:49
Schildwiese	20.10	1:24:15	4:11	30	20:00	42	20:00	37.30	2:34:51	4:09	61	25:35	92	25:35
Neuhaus/ Gewerl	15.50	1:16:17	4:55	40	15:54	47	15:54	52.80	3:51:08	4:22	61	40:19	92	40:19
Triniusstein	21.60	1:54:18	5:17	106	40:14	148	40:14	74.40	5:45:26	4:38	61	1:18:49	92	1:18:49
Allzunah	15.00	1:14:34	4:58	94	26:16	125	26:16	89.40	7:00:00	4:41	61	1:45:05	92	1:45:05
Grenzadler	19.80	1:35:22	4:48	49	26:07	75	26:07	109.20	8:35:22	4:43	61	2:05:52	92	2:05:52
Nesselberg	13.80	1:06:29	4:49	54	17:51	59	17:51	123.00	9:41:51	4:43	61	2:23:23	92	2:23:23
Kleiner Inselsber	13.90	1:24:46	6:05	128	33:34	188	33:34	136.90	11:06:37	4:52	61	2:56:57	92	2:56:57
Hohe Sonne	19.70	1:39:20	5:02	91	33:36	129	33:36	156.60	12:45:57	4:53	61	3:27:53	92	3:27:53
Hörschel	14.70	1:15:29	5:08	67	26:01	84	26:01	171.30	14:01:26	4:54	61	3:53:54	73	3:53:54