



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

team de javu

Total time: 14:02:41

Number: 194

Speed: 12.18 km/h

Running performance: 4:55 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 76 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 63(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:13:33	4:16	26	12:08	32	12:08	17.20	1:13:33	4:16	63	11:46	94	11:46
Schildwiese	20.10	1:27:30	4:21	40	23:15	54	23:15	37.30	2:41:03	4:19	63	31:47	94	31:47
Neuhaus/ Gewerl	15.50	1:39:00	6:23	126	38:37	184	38:37	52.80	4:20:03	4:55	63	1:09:14	94	1:09:14
Triniusstein	21.60	1:31:59	4:15	19	17:55	29	17:55	74.40	5:52:02	4:43	63	1:25:25	94	1:25:25
Allzunah	15.00	1:18:05	5:12	118	29:47	157	29:47	89.40	7:10:07	4:48	63	1:55:12	94	1:55:12
Grenzadler	19.80	1:28:47	4:29	22	19:32	35	19:32	109.20	8:38:54	4:45	63	2:09:24	94	2:09:24
Nesselberg	13.80	1:09:43	5:03	71	21:05	82	21:05	123.00	9:48:37	4:47	63	2:30:09	94	2:30:09
Kleiner Inselsber	13.90	1:11:15	5:07	68	20:03	80	20:03	136.90	10:59:52	4:49	63	2:50:12	94	2:50:12
Hohe Sonne	19.70	1:39:58	5:04	93	34:14	132	34:14	156.60	12:39:50	4:51	63	3:21:46	94	3:21:46
Hörschel	14.70	1:22:51	5:38	107	33:23	137	33:23	171.30	14:02:41	4:55	63	3:55:09	76	3:55:09