



# 12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

## Detailed evaluation

Roadrunners Jena

Total time: 15:08:19

Number: 69

Speed: 11.30 km/h

Running performance: 5:18 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 142 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 28(of 66)

Mixstaffel

Best time in the category: 11:43:48

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Cat.	Total	Total				Cat.	Cat.	Total	Total
Grumbach	17.20	1:33:05	5:24	52	25:33	181	31:40	17.20	1:33:05	5:24	61	8:45	218	31:18
Schildwiese	20.10	1:28:31	4:24	16	15:24	59	24:16	37.30	3:01:36	4:52	61	15:45	218	52:20
Neuhaus/ Gewerl	15.50	1:36:59	6:15	48	32:18	176	36:36	52.80	4:38:35	5:16	61	16:32	118	1:27:46
Triniusstein	21.60	1:41:23	4:41	21	22:46	74	27:19	74.40	6:19:58	5:06	61		218	1:53:21
Allzunah	15.00	1:14:06	4:56	28	15:40	120	25:48	89.40	7:34:04	5:04	61		218	2:19:09
Grenzadler	19.80	1:26:07	4:20	11	12:04	25	16:52	109.20	9:00:11	4:56	61		218	2:30:41
Nesselberg	13.80	1:18:58	5:43	38	18:50	165	30:20	123.00	10:19:09	5:02	61		218	3:00:41
Kleiner Inselsber	13.90	1:35:29	6:52	62	39:38	209	44:17	136.90	11:54:38	5:13	61		218	3:44:58
Hohe Sonne	19.70	1:46:58	5:25	49	34:21	172	41:14	156.60	13:41:36	5:14	61		218	4:23:32
Hörschel	14.70	1:26:43	5:53	38	23:49	163	37:15	171.30	15:08:19	5:18	28	3:24:31	142	5:00:47