



6. LSF-Walking-Day  
Münster / 19.06.2010

Detailed evaluation

Ziegler, Ruth

Club: Hohe Ward Gazellen/TuS-Hiltrup  
Number: 24

Course: 5.00 km  
5 km Walking

Total time: 41:19

Speed: 7.26 km/h

metres in height up: 36  
Course score: 5.54

performance score: 40 Points