



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Spiekermann, Johannes

Club: Stadt Bochum Walking Team
Number: 170

Course: 10.00 km
10 km Walking

Total time: 1:23:20

Speed: 7.20 km/h

metres in height up: 69
Course score: 11.04

performance score: 79 Points