



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

von der Höh, Thorsten

Club: Bochum

Number: 129

Course: 10.00 km

10 km Nordic Walking

Total time: 1:18:33

Speed: 7.64 km/h

metres in height up: 69

Course score: 11.04

performance score: 84 Points