



6. LSF-Walking-Day  
Münster / 19.06.2010

## Detailed evaluation

Vierhaus, Udo

Club: Team 4haus

Number: 14

Course: 5.00 km

5 km Nordic Walking

Total time: 35:55

Speed: 8.35 km/h

metres in height up: 36

Course score: 5.54

performance score: 46 Points