



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Drees, Frank

Club: Koronarsportverein Distel-Walker
Number: 141

Course: 10.00 km
10 km Nordic Walking

Total time: 1:23:41

Speed: 7.17 km/h

metres in height up: 69
Course score: 11.04

performance score: 79 Points