



6. LSF-Walking-Day  
Münster / 19.06.2010

## Detailed evaluation

**Birk, Brigitte**

Club: LuW Wedinghofen  
Number: 136

Course: 10.00 km  
10 km Nordic Walking

Total time: 1:24:31

Speed: 7.10 km/h

metres in height up: 69  
Course score: 11.04

performance score: 78 Points