



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Goncin, Mara

Club: LG Halver-Schalksmühle
Number: 146

Course: 10.00 km
10 km Nordic Walking

Total time: 1:24:55

Speed: 7.07 km/h

metres in height up: 69
Course score: 11.04

performance score: 78 Points