



6. LSF-Walking-Day  
Münster / 19.06.2010

## Detailed evaluation

**Abt, Birgit**

Club: TBS-Herne

Number: 161

Course: 10.00 km

10 km Nordic Walking

Total time: 1:25:46

Speed: 7.00 km/h

metres in height up: 69

Course score: 11.04

performance score: 77 Points