



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Abt, Michael

Club: TBS-Herne
Number: 206

Course: 10.00 km
10 km Nordic Walking

Total time: 1:28:26

Speed: 6.78 km/h

metres in height up: 69
Course score: 11.04

performance score: 75 Points