



6. LSF-Walking-Day  
Münster / 19.06.2010

## Detailed evaluation

Kreuz, Maria

Club: Ski-Klub Münster e.V.  
Number: 109

Course: 10.00 km  
10 km Nordic Walking

Total time: 1:30:22

Speed: 6.64 km/h

metres in height up: 69  
Course score: 11.04

performance score: 73 Points