



6. LSF-Walking-Day  
Münster / 19.06.2010

## Detailed evaluation

Güthling, Gabriele

Club: Koronarsportverein Distel-Walker  
Number: 106

Course: 10.00 km  
10 km Nordic Walking

Total time: 1:32:01

Speed: 6.52 km/h

metres in height up: 69  
Course score: 11.04

performance score: 72 Points