



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Hermes, Bettina

Club: LG Halver-Schalksmühle
Number: 145

Course: 10.00 km
10 km Nordic Walking

Total time: 1:37:46

Speed: 6.14 km/h

metres in height up: 69
Course score: 11.04

performance score: 68 Points