



6. LSF-Walking-Day  
Münster / 19.06.2010

Detailed evaluation

Kirsch, Helga

Club: SV Menden

Number: 386

Course: 20.00 km

20 km Walking

Total time: 2:16:46

Speed: 8.77 km/h

metres in height up: 135

Course score: 22.03

performance score: 193 Points