



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Olk, Hartmut

Club: Koronarsportverein Distel-Walker
Number: 320

Course: 20.00 km
20 km Nordic Walking

Total time: 2:21:25

Speed: 8.49 km/h

metres in height up: 135
Course score: 22.03

performance score: 187 Points