



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Heckmann, Dagmar

Club: LSF-Unna-2000

Number: 379

Course: 20.00 km

20 km Walking

Total time: 2:27:45

Speed: 8.12 km/h

metres in height up: 135

Course score: 22.03

performance score: 179 Points