



6. LSF-Walking-Day  
Münster / 19.06.2010

## Detailed evaluation

betz, daniel

Club: wt-soest  
Number: 324

Course: 20.00 km  
20 km Nordic Walking

Total time: 2:27:13

Speed: 8.15 km/h

metres in height up: 135  
Course score: 22.03

performance score: 180 Points