



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Greven, Detlef

Club: Nordic Bears
Number: 309

Course: 20.00 km
20 km Nordic Walking

Total time: 2:32:19

Speed: 7.88 km/h

metres in height up: 135
Course score: 22.03

performance score: 174 Points