



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Marmulla, Christian

Club: Westfalia Herne
Number: 346

Course: 20.00 km
20 km Nordic Walking

Total time: 2:34:17

Speed: 7.78 km/h

metres in height up: 135
Course score: 22.03

performance score: 171 Points