



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Arnzen, Conny

Club: Laufteam Gescher
Number: 368

Course: 20.00 km
20 km Walking

Total time: 2:40:46

Speed: 7.46 km/h

metres in height up: 135
Course score: 22.03

performance score: 164 Points