



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Gnaß, Brigitte

Club: Koronarsportverein Distel-Walker
Number: 312

Course: 20.00 km
20 km Nordic Walking

Total time: 2:36:44

Speed: 7.66 km/h

metres in height up: 135

Course score: 22.03

performance score: 169 Points