



6. LSF-Walking-Day  
Münster / 19.06.2010

## Detailed evaluation

**Bludom, Betty**

Club: LG Halver-Schalksmühle  
Number: 335

Course: 20.00 km  
20 km Nordic Walking

Total time: 2:39:41

Speed: 7.51 km/h

metres in height up: 135  
Course score: 22.03

performance score: 165 Points