



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Bettermann, Friedhelm

Club: Schusterjungen Montabaur
Number: 388

Course: 20.00 km
20 km Walking

Total time: 2:47:52

Speed: 7.15 km/h

metres in height up: 135
Course score: 22.03

performance score: 157 Points