



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Hennes, Katja

Club: TBS-Herne
Number: 344

Course: 20.00 km
20 km Nordic Walking

Total time: 2:42:17

Speed: 7.39 km/h

metres in height up: 135
Course score: 22.03

performance score: 163 Points