



6. LSF-Walking-Day  
Münster / 19.06.2010

Detailed evaluation

Quensel, Peter

Club: EscarGOts

Number: 405

Course: 20.00 km

20 km Nordic Walking

Total time: 2:44:55

Speed: 7.28 km/h

metres in height up: 135

Course score: 22.03

performance score: 160 Points